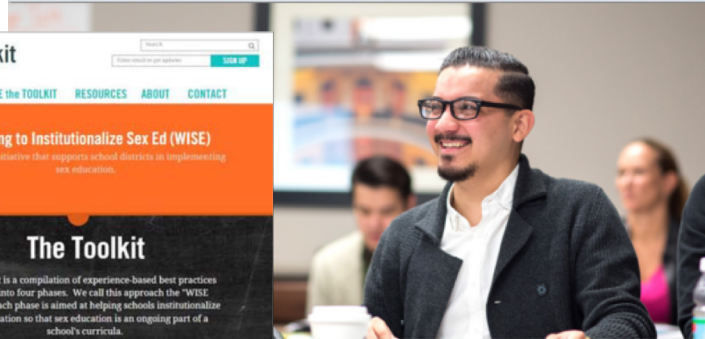
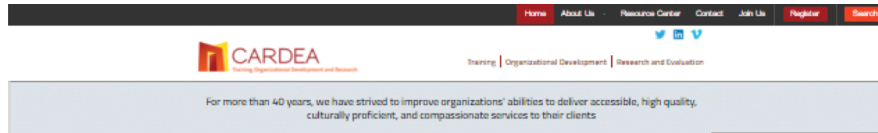


# WELCOME AND THANK YOU FOR BEING HERE!



# Cardea Services



# AGENDA



- Introductions
- Review of important resources and updates
- District check in: how is it going and what do you need this year?
- Implementation Guide based on Lessons Learned
- Incorporating CSE related themes across the curriculum
- Community Partner Resource Sharing
- Next Steps and Informal Networking





# CONNECT, CONNECT, CONNECT...



- BACHE website- For Districts
- Santa Clara CSE Network webpage in process
- SCCOE Safe and Healthy Schools
- Letter from Superintendent Dewan: Open dialogue on safe and healthy relationships
- Letter from Superintendent Dewan: Support of CHYA



# INFO FROM YOUR PARTNERS . . . .



- [Health Connected](#) and [Lets-Talk.how](#)
- [Planned Parenthood Mar Monte](#)
- [Crane Center](#) for free HIV testing, low-cost STD testing, PrEP services, free condoms and lube, needle exchange, and HIV linkage to care.
- [STD Control Open Data Portal](#) where the public can search for statistics on various topics including STD/HIV.

# IMPORTANT CALIFORNIA RESOURCES

- All the best resources about CHYA and CSE from the Adolescent Sexual Health Working Group (ASHWG)
- CHYA Resources from the ACLU
  - Fast facts/ FAQs
  - Sample Parental Notification Letters
  - CHYA Compliance Checklists
  - Compliance for LGBTQ education
- ASHWG Curriculum Reviews
- BACHE's Resources for Districts and Schools
- Research and literature reviews about the effectiveness of CSE
- CA Health Education Standards

# UPDATES . . .

- Foster Youth Resources on CHYA (SB 89 includes mandated CSE for foster youth) and more at [fosterreprohealth.org](http://fosterreprohealth.org)
- The Health Framework is in progress- latest draft unanimously approved on Friday
- CDE Website is up to date!



# **AB 2601: CHYA APPLIES TO CHARTER SCHOOLS**

- Just signed by Governor Brown
- (1) “School district” includes county boards of education, county superintendents of schools, the California School for the Deaf, and the California School for the Blind.
- (2) Commencing with the 2019–20 school year, “school district” also includes charter schools.

Amendment to EC 51931

# “SEXTING”: AB 1868

“A school district may provide **optional** instruction, as part of comprehensive sexual health education and HIV prevention education, regarding the potential risks and consequences of creating and sharing sexually suggestive or sexually explicit materials through cellular telephones, social networking Internet Web sites, computer networks, or other digital media.”

Amendment to Section 51934

# HUMAN TRAFFICKING

Information on human trafficking **shall include** both of the following:

- (A) Information on the prevalence, nature, and strategies to reduce the risk of human trafficking, techniques to set healthy boundaries, and how to safely seek assistance.
- (B) Information on how social media and mobile device applications are used for human trafficking.

Amendment to Section 51934



# DISTRICT CHECK INS

- What are your current successes?
- Where would you like support this year, either as a district individually or as a member of this network?



# WE'RE CREATING A TOOLKIT

- Will be available online soon!



# LESSONS LEARNED THIS FAR...

## Districts Need:

- Policy First- update your Board Policies and ARs and have them set before recommending a curriculum
- Sample CSE School Board Policy
- Other Policies to check on before teaching CSE:
  - Title IX/ Sexual Harassment
  - Student Safety
  - Uniform Complaint Procedures
  - Confidential Medical Release
- Funding
  - LCAP – lock it in each year!



# LESSONS LEARNED THIS FAR...

## Districts Need to be Transparent:

- Update your district website with resources (examples)
  - [Saratoga Union School District](#)
  - [Berryessa USD](#)
  - [Cupertino USD](#)
  - [Cambrian SD](#)
- Gain and show support from community partners and other public health/ medical professionals
- Task Force, Working Group, SHAC

# LESSONS LEARNED: FOR TEACHERS

## Teachers Need:

- On-going support - FAQs
- Resources for content
- Training, training, training!
- Clear policies for what should be taught and what is “beyond the scope of this class”
- All staff need updates on topics covered under CHYA

# LESSONS LEARNED: STUDENT SUPPORT

## Students Need To Know:

- Policies
  - Student Safety/ Uniform Complaint Procedures
- Services
  - Counselors
  - Nurses
  - GSA Clubs/ Safe teachers
- Referrals
  - Clinical services
  - Behavioral health
  - Human trafficking
  - Sexual violence

# LESSONS LEARNED: PARENTS AND COMMUNITY

## Parents Need Factual Information and Emotional Support

- Materials Review and Information Sessions
- Parent Education Workshops
- Notification and Opt Out

# Messaging for Parents and Communities:

Every student deserves to feel safe, welcome, and acknowledged at school.



# NEED FOR CSE

Comprehensive sexuality education gives students the knowledge and confidence they need to make healthy decisions. With honest and factual information, students can take charge over the many confusing aspects of puberty and growing up, giving them the space they need to concentrate on their future.



# TOO MUCH TOO SOON?

Just because young people are learning about sexuality doesn't mean they're choosing to have sex—but it does open the door for important conversations between parents and their kids. When whole families have the facts, it's easier to talk honestly about safety, consent, and contraception, long before young people need it. In fact, teens who receive comprehensive sex education generally choose to have sex later in life and have lower rates of unplanned pregnancy and STIs.

# INCLUSIVITY

LGBTQ students thrive when they see themselves reflected in lessons and learn that it is entirely normal for people to have different sexual orientations or gender identities. Inclusive lessons create a positive effect on all students and reduce bullying, discrimination, and harassment.

# INCLUSIVITY

Our communities are diverse, and all students—including our LGBTQ students—should see themselves reflected in sex ed lessons. If our goal is to help young people make healthy decisions and be successful throughout their lives, sex ed must be relevant to all young people. Everyone is better off when there is mutual respect and understanding.

# PARENTS' ROLES

Families play an indispensable role in preparing kids for the future and should complement the science-based sex ed instruction their children receive in school, just as they might help them with math, biology, or history homework. All of these subjects help prepare students for higher educational achievements and healthy adult relationships, including options like getting married or having a family. We hope parents discuss issues like puberty, consent, sex, gender identity, and healthy relationships with their children to help connect their studies with family traditions and cultures.

# Keep youth voices and experiences at the center of the dialogue



# LGBTQ INCLUSIVITY

- ACLU's LGBTQ & Gender Inclusive Assessment Checklist
- ETR- Supporting LGBTQ Youth: Inclusivity and Equity
- GLSEN CA 2015 Report on School Climate
- Welcoming Schools lessons to create a more inclusive school
- Gender Spectrum provides resources and trainings for districts, teachers, and parents





# HOW DO WE WANT TO STRIVE TO BE EVEN MORE AWESOME?



# AREAS FOR ADDITIONAL SUPPORT AND CONVERSATION

- How does CSE overlap with SEL?
- Minor Consent Training: for Administrators and Teachers
- Best practices for students in SPED programs: Teacher Training

# TEACHER “HOTLINE” ZOOM CALLS

- Incorporating Consent into the Curriculum
- Best Practices for Elementary Sex Ed
- LGBTQ Inclusivity
- Clinic Services
- Meeting the needs of students in SPED
- Effective use of Role Plays as a teaching tool

# COMMUNITY PARTNERS SHARING

- Current CSE- related successes and challenges
- Resources offered
- How can you support districts and vice versa?



# WE WOULD LOVE YOUR FEEDBACK!

Go to the following survey link:

<https://tinyurl.com/yck5awfd>

OR

Use your cell phone QR Reader:

